



**Affordable Staples for Everyone. Every Day.**

At Co-op Market Grocery & Deli, we believe everyone should be able to afford good, healthy food. That's why we've cut prices on more than 200 high quality organic & natural products across the store. Look for the purple tags to get everyday low prices on the things you buy most often.

ITEM	CO+OP BASICS PRICE
<b>BABY FOOD &amp; BABY CARE</b>	
Field Day Baby Wipes Refill, 72 ct.	\$3.69

<b>BEAUTY &amp; WELLNESS</b>	
Field Day Body Lotion, Honey Almond, 16 fl. Oz.	\$5.99
Field Day Body Wash, Lavender, 16 fl. oz.	\$5.99
Field Day Conditioner, Honey Almond, 16 fl. oz.	\$5.99
Field Day Conditioner, Lavender, 16 fl. oz.	\$5.99
Field Day Hand & Body Lotion, Fragrance Free, 16 fl. Oz.	\$5.99
Field Day Hand & Body Lotion, Lavender, 16 fl. Oz.	\$5.99
Field Day Liquid Soap, Lavender, 12.5 fl. Oz.	\$4.99
Field Day Shampoo, Fragrance Free, 16 fl. oz.	\$5.99
Field Day Shampoo, Honey Almond, 16 fl. Oz.	\$5.99
Field Day Shampoo, Lavender, 16 fl. Oz.	\$5.99

<b>GROCERY</b>	
Field Day Almond Butter, Creamy, 16 oz.	\$7.49
Field Day Almond Butter, Crunchy, 16 oz.	\$7.49
Field Day Baking Powder, 10 oz.	\$1.99
Field Day Baking Soda, 16 oz.	99¢
Field Day California Olives, Black, Pitted, 6 oz.	\$2.49
Field Day California Olives, Green, Pitted, 6 oz.	\$2.49
Field Day California Ripe Olives, Sliced, 3.8 oz.	\$1.79
Field Day Canola Oil, 32 fl. oz.	\$3.99
Field Day Cereal Bars, Blueberry	\$2.99
Field Day Cereal Bars, Mixed Berry	\$2.99

Field Day Coconut Water, 16.6 fl. oz.	\$1.79
Field Day Coconut Water, 33. fl. Oz.	\$3.49
Field Day Crackers, Baked House, 16 oz.	\$3.49
Field Day Crackers, Bite-Sized Wheat, 8 oz.	\$2.99
Field Day Extra Virgin Olive Oil, in Glass, 1 ltr.	\$9.99
Field Day Mediterranean Sea Salt, Coarse, 24.7 oz.	\$1.99
Field Day Mediterranean Sea Salt, Fine, 26.5 oz.	\$1.99
Field Day Organic All-Purpose Flour, 5 lb.	\$5.49
Field Day Organic Almond Flour, 16 oz.	\$7.99
Field Day Organic Applesauce Cups, 18-pk.	\$2.99
Field Day Organic Applesauce, 24 oz.	\$2.99
Field Day Organic Applesauce, Cinnamon, 24 oz.	\$2.99
Field Day Organic Bay Leaf, .15 oz.	\$3.49
Field Day Organic Beans, Baked, 15 oz.	\$1.49
Field Day Organic Beans, Cannellini, 15 oz.	\$1.49
Field Day Organic Beans, Garbanzo, 15 oz.	\$1.49
Field Day Organic Beans, Pinto, 15 oz.	\$1.49
Field Day Organic Beef Broth, 32 fl. oz.	\$2.49
Field Day Organic Black Beans, Canned, 15 oz.	\$1.49
Field Day Organic Black Beans, Dried, 16 oz.	\$2.99
Field Day Organic Blueberries, Frozen, 32 oz.	\$7.99
Field Day Organic Cayenne Pepper, 1.7 oz.	\$3.49
Field Day Organic Cereal, Corn Flakes, 12 oz.	\$3.99
Field Day Organic Cereal, Frosted Corn Flakes, 15 oz.	\$3.99
Field Day Organic Cereal, Golden Rice Crisps, 12 oz.	\$3.49
Field Day Organic Cereal, Honey Nut Os, 14 oz.	\$3.49
Field Day Organic Cereal, Raisin Bran, 4 oz.	\$3.49
Field Day Organic Chicken Broth, 32 fl. oz.	\$2.49
Field Day Organic Coconut Flakes, Unsweetened, 7 oz.	\$2.69
Field Day Organic Coconut Flour, 16 oz.	\$3.99
Field Day Organic Coconut Milk, Classic, 13.5 fl. oz.	\$2.49
Field Day Organic Coconut Milk, Light, 13.5 fl. oz.	\$2.49
Field Day Organic Coconut Oil, Refined, 14 oz.	\$7.99
Field Day Organic Coconut Oil, Unrefined, 14 oz.	\$5.99
Field Day Organic Cooking Spray, Canola, 5 fl. Oz.	\$4.99

Field Day Organic Cooking Spray, Coconut Oil, 5 fl. Oz.	\$5.99
Field Day Organic Cooking Spray, Olive Oil, 5 fl. Oz.	\$4.99
Field Day Organic Coriander, 1.6 oz.	\$2.99
Field Day Organic Crackers, Golden Rounds, 8 oz.	\$2.99
Field Day Organic Crackers, Toasted Wheat, 7 oz.	\$2.99
Field Day Organic Crackers, Water, 4.4 oz.	\$2.69
Field Day Organic Cumin, 1.7 oz.	\$3.99
Field Day Organic Dill Weed, .6 oz.	\$2.99
Field Day Organic Dried Sweetened Cranberries, 4 oz.	\$3.99
Field Day Organic Extra Virgin Olive Oil in Glass, 1 ltr.	\$12.99
Field Day Organic Extra Virgin Olive Oil, 67.6 fl. Oz.	\$20.99
Field Day Organic Extra Virgin Olive Oil, in Glass, 500 ml.	\$6.99
Field Day Organic Fruit Cups, Diced Peaches & Pears, 4-pk.	\$3.79
Field Day Organic Fruit Cups, Diced Peaches, 4-pk.	\$3.79
Field Day Organic Fruit Cups, Diced Pears, 4-pk.	\$3.79
Field Day Organic Fruit Spread, Blueberry 14 oz.	\$3.99
Field Day Organic Fruit Spread, Mixed Berry, 14 oz.	\$3.99
Field Day Organic Fruit Spread, Raspberry, 14 oz.	\$3.99
Field Day Organic Fruit Spread, Strawberry, 14 oz.	\$3.99
Field Day Organic Garlic Powder, 2.5 oz.	\$3.49
Field Day Organic Great Northern Beans, Canned, 15 oz.	\$1.49
Field Day Organic Green Beans, Canned, 14.5 oz.	\$1.79
Field Day Organic Green Peas, Canned, 15 oz.	\$1.79
Field Day Organic Ground Ginger, 1.6 oz.	\$3.49
Field Day Organic Hazelnut Spread, 13 oz.	\$5.99
Field Day Organic Instant Oatmeal, Apple, 11.29 oz.	\$3.99
Field Day Organic Instant Oatmeal, Maple, 11.29 oz.	\$3.99
Field Day Organic Instant Oatmeal, Variety Pack, 11.29 oz.	\$3.99
Field Day Organic Juice, Apple, 128 fl. Oz.	\$11.99
Field Day Organic Juice, Apple, 64 fl. Oz.	\$6.99
Field Day Organic Juice, Concord Grape, 32 fl. Oz.	\$3.99
Field Day Organic Juice, Cranberry, 32 fl. Oz.	\$6.99
Field Day Organic Juice, Tart Cherry, 32 fl. Oz.	\$5.99
Field Day Organic Kidney Beans, Canned, 15 oz.	\$1.49
Field Day Organic Kidney Beans, Dried, 16 oz.	\$2.99

Field Day Organic Lentils, 16 oz.	\$2.99
Field Day Organic Lentils, Red, 16 oz.	\$2.99
Field Day Organic Mac & Cheese, Classic, 6 oz.	\$1.99
Field Day Organic Mac & Cheese, Deluxe, 6 oz.	\$1.99
Field Day Organic Mac & Cheese, White, 6 oz.	\$1.99
Field Day Organic Maple Syrup, 12 fl. Oz.	\$9.99
Field Day Organic Maple Syrup, 16 fl. Oz.	\$11.99
Field Day Organic Maple Syrup, 32 fl. Oz.	\$19.99
Field Day Organic Maple Syrup, 8 fl. Oz.	\$6.99
Field Day Organic Microwave Popcorn, 3-pk.	\$2.99
Field Day Organic Microwave Popcorn, Mini w/Butter, 6-pk.	\$3.79
Field Day Organic Microwave Popcorn, Mini, 6-pk.	\$3.79
Field Day Organic Microwave Popcorn, Salted, 3-pk.	\$2.99
Field Day Organic Microwave Popcorn, w/Butter, 3-pk.	\$2.99
Field Day Organic Mustard, Stone Ground, 8 oz.	\$1.99
Field Day Organic Mustard, Yellow, 8 oz.	\$1.99
Field Day Organic Onion Powder, 2.3 oz.	\$3.49
Field Day Organic Oregano, .5 oz.	\$2.99
Field Day Organic Paprika, 1.7 oz.	\$3.49
Field Day Organic Pasta, Angel Hair, 16 oz.	\$2.29
Field Day Organic Pasta, Brown Rice & Quinoa, 12 oz.	\$3.29
Field Day Organic Pasta, Brown Rice Elbow, 12 oz.	\$2.29
Field Day Organic Pasta, Brown Rice Fettucine, 12 oz.	\$2.29
Field Day Organic Pasta, Brown Rice Fusilli, 12 oz.	\$2.29
Field Day Organic Pasta, Brown Rice Penne, 12 oz.	\$2.29
Field Day Organic Pasta, Brown Rice Spaghetti, 12 oz.	\$2.29
Field Day Organic Pasta, Traditional Fusilli, 16 oz.	\$2.29
Field Day Organic Pasta, Traditional Linguine, 16 oz.	\$2.29
Field Day Organic Pasta, Traditional Penne, 16 oz.	\$2.29
Field Day Organic Pasta, Traditional Spaghetti, 16 oz.	\$2.29
Field Day Organic Peanut Butter, Crunchy, 18 oz.	\$4.99
Field Day Organic Peanut Butter, Smooth, 18 oz.	\$4.99
Field Day Organic Pretzels, Mini Twists, 8 oz.	\$2.49
Field Day Organic Pretzels, Skinny Sticks, 8 oz.	\$2.49
Field Day Organic Pumpkin Puree, 15 oz.	\$1.99

Field Day Organic Raisins, Jumbo Red, 15 oz.	\$4.99
Field Day Organic Ranchero Chili Beans, 15 oz.	\$1.49
Field Day Organic Raw Wildflower Honey, 12 oz.	\$4.99
Field Day Organic Raw Wildflower Honey, 16 oz.	\$6.99
Field Day Organic Rice, Brown, 32 oz.	\$3.99
Field Day Organic Rice, Indian Basmati, 32 oz.	\$4.99
Field Day Organic Rice, Long Grain White, 32 oz.	\$3.99
Field Day Organic Rice, Thai Jasmine, 32 oz.	\$4.99
Field Day Organic Rosemary, Whole, .7 oz.	\$2.99
Field Day Organic Saigon Cinnamon, 1.5 oz.	\$3.69
Field Day Organic Salsa, Black Bean & Corn, 16 oz.	\$3.49
Field Day Organic Salsa, Double Fire Roasted, 16 oz.	\$3.49
Field Day Organic Salsa, Garlic Cilantro, 16 oz.	\$3.49
Field Day Organic Salsa, Jalapeño Lime, 16 oz.	\$3.49
Field Day Organic Salsa, Roasted Garlic, 16 oz.	\$3.49
Field Day Organic Salsa, Tomato Cilantro, 16 oz.	\$3.49
Field Day Organic Sauce, Garden Vegetable, 26 oz.	\$2.99
Field Day Organic Sauce, Italian Herb, 26 oz.	\$2.99
Field Day Organic Sauce, Marinara, 26 oz.	\$2.99
Field Day Organic Sauce, Pizza, 15.5 oz.	\$2.29
Field Day Organic Sauce, Portobella Mushroom, 26 oz.	\$2.99
Field Day Organic Sauce, Roasted Garlic, 26 oz.	\$2.99
Field Day Organic Sauce, Spicy Arrabbiata, 26 oz.	\$2.99
Field Day Organic Sauce, Tomato Basil, 26 oz.	\$2.99
Field Day Organic Semi-Sweet Chocolate Chips, 10 oz.	\$2.99
Field Day Organic Shells & Cheese, Deluxe, 12 oz.	\$3.99
Field Day Organic Split Peas, Dried, 16 oz.	\$2.99
Field Day Organic Strawberries, 32 oz.	\$7.49
Field Day Organic Sugar, Cane, 24 oz.	\$2.99
Field Day Organic Sugar, Coconut, 16 oz.	\$4.99
Field Day Organic Sugar, Light Brown, 24 oz.	\$3.79
Field Day Organic Sugar, Powdered, 16 oz.	\$2.99
Field Day Organic Sweet Corn, Whole Kernel, 15 oz.	\$1.79
Field Day Organic Sweet Pickle Relish, 16 oz.	\$2.99
Field Day Organic Toasted Nut Os, 14 oz.	\$3.49

Field Day Organic Tomato Ketchup, 24 oz.	\$2.79
Field Day Organic Tomato Paste, 6 oz.	99¢
Field Day Organic Tomato Sauce, 16 oz.	\$1.79
Field Day Organic Tomatoes, Crushed, with Basil, 28 oz.	\$2.49
Field Day Organic Tomatoes, Diced, 28 oz.	\$2.49
Field Day Organic Tomatoes, Diced, No Salt, 14.5 oz.	\$1.79
Field Day Organic Turmeric, Ground, 1.8 oz.	\$2.99
Field Day Organic Vanilla Extract, 2 fl. Oz.	\$9.99
Field Day Organic Vegetable Broth, 32 fl. oz.	\$2.49
Field Day Organic Vegetarian Refried Beans, 15 oz.	\$1.49
Field Day Organic Vegetarian Refried Black Beans, 15 oz.	\$1.49
Field Day Organic Vinegar, Apple Cider, 32 fl. Oz.	\$4.99
Field Day Organic Vinegar, Modena Balsamic, 500 ml.	\$4.99
Field Day Organic Waffles, Blueberry, 6 ct.	\$2.99
Field Day Organic Waffles, Multigrain, 6 ct.	\$2.99
Field Day Organic Whole Wheat Flour, 5 lb.	\$5.79
Field Day Sparkling Water, 33.8 fl. Oz.	\$1.49
Field Day Sparkling Water, Berry, 6 pk.	\$2.99
Field Day Sparkling Water, Grapefruit, 6 pk.	\$2.99
Field Day Sparkling Water, Lemon, 33.8 fl. Oz.	\$1.49
Field Day Sparkling Water, Lime, 33.8 fl. Oz.	\$1.49
Field Day Sparkling Water, Orange, 6 pk.	\$2.99
Field Day Tuna, Light Skipjack, 5 oz.	\$1.99
Field Day Tuna, Light Skipjack, No Salt, 5 oz.	\$1.99
Field Day Tuna, White Albacore, 5 oz.	\$2.39
Field Day Tuna, White Albacore, No Salt, 5 oz.	\$2.39
Greek Gods Yogurt, Greek Honey, 24 oz.	\$4.49
Silk Soymilk, Plain Unsweetened, 64 fl. Oz.	\$4.49
Tillamook Butter, Light Salted, 1 lb.	\$4.99
Tillamook Butter, Unsalted, 1 lb.	\$4.99
Wild Harvest Bread Crumbs, Organic, 16 oz.	\$3.99
Wild Harvest Cashew Butter, 12 oz.	\$8.99
Wild Harvest Organic Black Chia Seeds, 16 oz.	\$6.99
Wild Harvest Organic Lemonade, 64 fl. oz.	\$3.49
Wild Harvest Organic Mushroom Pieces & Stems, 4 oz.	\$1.49

Wild Harvest Organic Panko Bread Crumbs, 8 oz.	\$3.99
Wild Harvest Organic Tahini, 16 oz.	\$6.49
Wild Harvest Organic Whipped Mayo, 16 oz.	\$4.99

### MEATS & CHEESE

Applegate Naturals Black Forest Ham, 7 oz.	\$6.79
Applegate Naturals Genoa Salami, 4 oz.	\$5.79
Applegate Naturals Smoked Turkey, 7 oz.	\$6.79
Applegate Naturals Sunday Bacon, 8 oz.	\$6.79
Applegate Naturals Turkey Bacon, 8 oz.	\$5.99
Applegate Naturals Uncured Pork & Beef Pepperoni, 4 oz.	\$4.99
Organic Valley Shredded Cheese, Thick Cut Mild Cheddar, 6 oz.	\$5.69
Thousand Hills 80/20 Ground Beef, 1 lb.	\$6.99
Thousand Hills New York Strip Steak, 8 oz.	\$14.99
Thousand Hills Ribeye Steak, 8 oz.	\$15.99

### PAPER & HOUSEHOLD GOODS

Field Day 3-Ply Bath Tissue, 12-pk.	\$6.99
Field Day All-Purpose Cleaner, Free & Clear, 32 fl. oz.	\$3.79
Field Day Bath Tissue, 4-pk.	\$2.99
Field Day Bath Tissue, Single Roll	99¢
Field Day Dish Detergent, Free & Clear, 25 fl. Oz.	\$3.49
Field Day Dish Detergent, Lavender, 25 fl. Oz.	\$3.49
Field Day Dishwasher Detergent, Pods, 20 ct.	\$4.99
Field Day Dishwasher Detergent, Powder, 45 oz.	\$4.69
Field Day Facial Tissues	\$1.49
Field Day Laundry Detergent, Free & Clear, 100 fl. Oz.	\$11.99
Field Day Laundry Detergent, Lavender, 100 fl. Oz.	\$11.99
Field Day Paper Napkins, White	\$2.79
Field Day Paper Towels, Custom Size, 1 roll	\$1.99
Field Day Paper Towels, Recycled, 3 rolls	\$3.99
Field Day Paper Towels, Recycled, 6 rolls	\$8.99
Field Day Trash Bags, Tall Drawstring, 20 ct.	\$3.99
Field Day Ultra Soft Bath Tissue, 4-pk.	\$2.99

**Updated 3/24/22**