

CO-OP MARKET GROCERY & DELI**JANUARY 2024 OWNER DEALS**

OWNER DEALS IN GROCERY	NOW	REG.	SAVE
BONAFIDE BROTH BEEF NO SALT OG 16.9OZ	\$7.79	\$8.29	\$0.50
BONAFIDE BROTH BEEF OG 16.9OZ	\$7.79	\$8.29	\$0.50
BONAFIDE BROTH BONE CHICKEN NO SALT OG 16.9OZ	\$7.79	\$8.29	\$0.50
BONAFIDE BROTH BONE CHICKEN OG 16.9OZ	\$7.79	\$8.29	\$0.50
BRAGG DRESSING GINGER SESAME 12OZ	\$6.99	\$7.99	\$1.00
BRAGG DRESSING VINAIGRETTE OG 12OZ	\$6.99	\$7.99	\$1.00
BRAGG DRESSING VINAIGRETTE OIL FREE OG 12OZ	\$6.99	\$7.99	\$1.00
EDWARD & SONS COCONUT CREAM OG 5.4OZ	\$1.49	\$1.99	\$0.50
FOOD FOR LIFE CEREAL EZEKIEL CINNAMON RAIS 16OZ.	\$9.29	\$10.29	\$1.00
FOOD FOR LIFE CEREAL EZEKIEL WHOLE GRAIN ALMOND	\$9.29	\$10.29	\$1.00
FOOD FOR LIFE CEREAL GOLDEN FLAX OG 16OZ	\$9.29	\$10.29	\$1.00
FOOD FOR LIFE CEREAL ORIGINAL OG 16OZ	\$9.49	\$10.40	\$0.91
INKA PLATAIN CHIPS 4OZ	\$2.49	\$3.29	\$0.80
INKA PLANTAIN CHIPS CHILI PICANTE 4OZ	\$2.49	\$3.29	\$0.80
AVEC GRAPE FRUIT POMELO LOW SUGAR MIXER 4/8.48OZ	\$9.49	\$10.49	\$1.00
AVEC YUZU LIME LOW SUGAR 8.45OZ	\$9.49	\$10.49	\$1.00
LUNDBERG RICE CAKE BROWN SALT FREE OG 8.5OZ	\$3.99	\$5.79	\$1.80
NATIVE FOREST COCONIT MILK UNSWEETENED OG 13.5OZ	\$2.99	\$3.49	\$0.50
PAMELA'S BAR OAT CHOCOLATE CHIP COCONUT 5/1/41OZ	\$6.49	\$7.49	\$1.00
PLANT BOSS PLANT CRUMBLES ITALIAN SAUSAGE OG 3.35	\$7.99	\$8.49	\$0.50
PLANT BOSS PLANT CRUMBLES PURPS OG 3.35OZ	\$7.99	\$8.49	\$0.50
ZIBA FIGS SUN DRIED HEIRLOOM 5.3OZ	\$7.99	\$8.79	\$0.80
ZIBA MULBERRIES DRIED WHITE SWT CRUNCHY 5.3	\$7.99	\$9.29	\$1.30
ZIBA RAISINS KISHMISH HEIRLOOM 5.3OZ	\$7.99	\$9.29	\$1.30
BULK - DRY FRUIT PAPAYA SPEARS LW SG	\$8.99	\$9.49	\$0.50

OWNER DEALS CHEESE, CHILL & FREEZE	NOW	REG.	SAVE
BEETOLOGY JUICE BEET BERRY 8.45OZ	\$3.99	\$4.59	\$0.60
BEETOLOGYJUICE BEET LEMON GINGER 8.45OZ	\$3.99	\$4.59	\$0.60
COCOJUNE YOGURT LEMON ELDERFLOWER OG 4OZ	\$2.99	\$3.79	\$0.80
COCOJUNE YOGURT PURE COCONUT OG 4OZ	\$2.99	\$3.79	\$0.80
COCOJUNE YOGURT STRAWBERRY RHUBARB 4OZ	\$2.99	\$3.79	\$0.80
COCOJUNE YOGURT VANILLA CHAMOMILE OG 4OZ	\$2.99	\$3.79	\$0.80
DE LA CALLE PICANT MANGO BEV 12OZ	\$2.99	\$4.29	\$1.30
DE LA CALLE PINEAPPLE SPICE BEVE 12OZ	\$2.99	\$4.29	\$1.30
DE LA CALLE DRINK ORIGINAL GINGER MANZA OG 12OZ	\$2.99	\$4.79	\$1.80
DE LA CALLE DRINK REGIONAL TAMARIND OG 12OZ	\$2.99	\$4.79	\$1.80
GREEN VALLEY CREAM CHEESE LACTOSE FREE OG 8OZ	\$5.79	\$6.29	\$0.50
GREEN VALLEY LACTOSE FREE BUTTER 8PZ	\$4.49	\$4.99	\$0.50
WOODSTOCK TOFU FIRM XTRA OZ OG 14OZ	\$2.99	\$3.99	\$1.00
KLIMON ALM FROZEN DESSERT CHERRY BOMB 1PINT	\$5.99	\$6.99	\$1.00
KLIMON FROZEN DESSERT MORNING BREW 1PINT	\$5.99	\$6.99	\$1.00
KLIMON FROZEN DESSERT SUNRISE BANG 1PINT	\$5.99	\$6.99	\$1.00
SUKHI CHICKEN CURRY WITH NAAN 11OZ	\$7.79	\$8.99	\$1.20
SUKHI CHICKEN TILLA MASALA WITH NAAN 11OZ	\$7.79	\$8.49	\$0.70
SUKHI NAANWICH CHICKEN TIKKA MASALA 10.4OZ	\$7.79	\$8.99	\$1.20
OWNER DEALS IN WELLNESS	NOW	REG.	SAVE
FOUR SIGMATIC MUSHROOM ELIXIR CHAGA OG 20CT	\$ 39.99	\$ 44.69	\$ 4.70
FOUR SIGMATIC MUSHROOM ELIXIR CORDYCEP OG 20CT	\$ 28.99	\$ 31.69	\$ 2.70
FOUR SIGMATIC MUSHROOM ELIXIR REISHI OG 20CT	\$ 39.99	\$ 43.69	\$ 3.70
FOUR SIGMATIC MUSHROOM ELIXIR LIONS MANE OK 20CT	\$ 28.99	\$ 31.99	\$ 3.00
KYOLIC BLOOD PRESSURE HEALTH F109 80 CAPSULES	\$ 25.99	\$ 26.99	\$ 1.00
KYOLIC CARDIOVASCULAR HEALTH 300 120CT	\$ 18.99	\$ 19.99	\$ 1.00
KYOLIC CIRCULATION HEALTH F106 200 CAPSULES	\$ 25.99	\$ 26.99	\$ 1.00